

NAILSWORTH HEALTH PARTNERSHIP MEETING 30th September 2010.

Held at Prices Mill Surgery, from 7:30. minutes produced by Nick White.

Duncan Mann, convenor, leading the meeting.

Present, with contact details:

Kathleen Beard 01453 832138

Andrew Boddam-Whetham Andrew.boddam-whettam@nhs.net

Tony Burton anthonyburtonmbe@aol.com

Jo Hofman johofman@hotmail.com

Paul Hofman paulkhofman@me.com

Elfie Klinger elfieklinger@gmail.com

Maureen Law moseylaw@aol.com 01453 832894

Duncan Mann duncandmann@hotmail.com

Marilyn Miles mbm@ankerbald.co.uk 01453 832974.

Margaret Marshall margaretnphil@btinternet.com

Poh-Eng San pohengsoundbuqi@yahoo.co.uk

Nick White enquiries@thewhitepractice.co.uk 07974 911592

Paul Young paul@crystalountain.myzen.co.uk

Betty Young betty@crystalountain.myzen.co.uk

AGENDA

1 Apologies: Helena, Dr Ros, Nick Peters

2 Minutes of previous meeting and matters arising:

- a) **MISSION STATEMENT** was broadly agreed with minor changes.
THE NAILSWORTH HEALTH PARTNERSHIP
Who are we? "A voluntary association of interested individuals, and representatives of health providers in the local community."
OUR MISSION STATEMENT:
"By working together, to promote a healthier lifestyle in a healthier environment, to provide information and education to supplement and so improve existing health related activities in our local community."
- b) **PATRON** to be confirmed at next meeting (**Action Nick P**)
- c) **NEWSLETTER** discussed in agenda item 3.
- d) **FUNDING** discussed in agenda item 4.
- e) **DIRECTORY** discussed in agenda item 6.
- f) **PUBLIC HEALTH TALKS** Kathleen informed that she and others have set up The Five Valleys Osteoporosis group with regular meetings and talks on the subject.
Making health talks given, relate to current events in the media was discussed, however for ease of scheduling it was felt that these topics would be better covered in the newsletter.
It was felt that a talk by a Public Health agency of the NHS/Primary Care Trust disseminating public health statistics would be of interest. (**Action Duncan Mann**)

- g) **FOOD DIRECTORY** inclusion as part of the proposed directory was discussed, the question was raised as to the suitability of including local food producers (some producing less than healthy foods) in a directory for a Health Partnership. It was however noted that a Land directory, putting grow your own enthusiasts in touch with land owners could be considered healthy and suitable for inclusion.
- h) **HEALTHY WALKING** see agenda item 5.
- i) **COMMUNICATION LIST** in Nick Peters absence nothing further, there seem to be various lists in existence. See above for contact details from today's meeting.
- j) **ACCOUNTS** Charity status was discussed, funds in excess of £5000 must register for charity status which would be beneficial as income tax could be claimed back from individuals. Also volunteers could "give time" and potentially be match-funded by other external agencies. However charity status is not essential for businesses to benefit for tax relief on donations. The need for a bank account was discussed and whether a constitution was required to obtain an account. **Marilyn** to make enquiries at Stroud and Swindon Building Society and other local institutions. **(Action Marilyn Miles)**
- k) **TRANSPORT** was discussed as a medium term aim. In the interim **Maureen** to speak to local providers to see if we can join forces and also to share ideas for an efficient method of organising future NHP transport scheme.
Maureen also to write article for Nailsworth News, to enlist volunteer drivers.
The library club operates a transport scheme on Tuesday mornings.
Jo asked could the ring and ride minibuses be used to help launch NHP?
- l) **YOUTH SURVEY** not discussed
- m) **WORKING SUB GROUPS** as previous minutes, appendix B
- n) **NHS GLOUCESTERSHIRE**
- o) **OTHER LOCAL HEALTH MEETINGS** Five Valleys Osteoporosis group next meeting Nov 9th, Jan 11th at St George's Parish Rooms.

3 NEWSLETTER

Form and content were discussed, the initial feeling of the newsletter working group being that the intention would be to publish articles on behalf of NHP in existing publications, such as Nailsworth News. **Articles to be submitted to Jo by 15th of the month, for inclusion the following month.** 100 – 200 words to be related to the broad topic of health. Articles to be stimulating and interesting, bottom up experiences as well as from top down informative, tie in with theme days e.g. National Older Persons Day.

The need for editorial control was discussed and should be by panel.

Initial articles can be used to promote NHP, to recruit providers for directory and volunteer drivers. Suggestion for articles to include info on day centres / services that Nailsworth residents may like to use outside Nailsworth (if not available in Nailsworth).

Nailsworth News can also be used to publish meetings etc in Whats On section, contact Tina on 01453 835295 or whatson@nailsworthnews.org.uk

NHP articles could also be published in *The Fountain*, *Over the Wall* and *The Quaker Meeting House* publication.

4 FUNDING

Duncan to source local company sponsorship **(Action Duncan)**.

Funding from Directory providers to be voluntary not required.

Jo looking into *Awards for All* grant from Lottery Fund, need to have a bank account **(Action Marilyn)** and to write a constitution **(Action Marilyn)** to be advertised in Nailsworth News including a *Whats On* section. **(Action Marilyn)** and presented at next meeting.

Future funding was discussed to continue once grant money is used (if awarded), also potential advertising revenue from directory, website or future publications.

Duncan requested all think about future fundraising ideas for presentation at next meeting.

Poh-Eng offered to run T'ai chi class for voluntary donations.

5 HEALTHY WALKING

In Pam's absence nothing further was discussed, other than to agree plan discussed at previous meeting to arrange health related walks next summer.

(Action: Duncan to arrange with Pam, Nick P and Jo for next meeting).

6 WEBSITES / PUBLICITY

It was felt that it was important to establish a web based directory as a first port of call. Caroline Sheldrake advising on production of directory. Potential hard copies in the future. For those without internet access use of library facilities could be publicized.

Paul has looked into domain names www.NHP.org and www.NHP.co.uk and suggests registering both which would cost approx £100 /yr.

The idea to approach Stroud College to design graphics for NHP was suggested.

It was felt to be too early to design website as brief is not yet defined, however a "blog" page was suggested. It was agreed that funding should be secured before work on the web site should progress, and in the interim, we should focus on the compilation of the directory of local services.

7 FURTHER ACTIONS

ANY OTHER BUSINESS

Osteoporosis information given to Prices Mill Surgery- Kathleen.

Public Health Statistics given by Tony.

NEXT MEETING DATE Tuesday 16th November 7:30 at Nailsworth Natural Health Centre